



Rogiet Community Council

Risk Assessment – Litter Picking

Activity: Litter Picking

Location: Various community areas

Assessed For: Employee

Assessment Date: April 2026

Review Date: April 2027

Hazards, Risks & Controls

Hazard	Risk	Risk Level	Control Measures
Sharp objects	Cuts, puncture wounds, infection	Medium	Wear cut-resistant gloves, use litter grabbers, report needles.
Traffic	Collision, serious injury	Medium–High	Wear high-vis clothing, stay off road, face traffic.
Slips/trips	Sprains, fractures	Medium	Wear boots, avoid uneven ground.
Weather	Hypothermia/heat exhaustion	Medium	Wear PPE, take breaks, hydrate.
Manual handling	Strain, back injury	Medium	Do not overfill bags, lift correctly.

Animals/vermin	Bites, contamination	Low-Medium	Avoid contact, wash hands.
Hazardous waste	Illness	Medium	Do not handle, report.
Lone working	Delayed assistance	Medium	Carry phone, check-in.

PPE Required

- High-visibility waterproof jacket/fleece
- High-visibility vest
- High-visibility waterproof trousers
- Cut-resistant gloves
- Steel toe-cap boots
- First aid kit

Emergency Procedures

Call 999 for serious injury. Report all incidents. Complete accident forms.

Report needles to Monmouthshire County Council 01633 644644 – never to be touched or disposed off

Manual Handling & Health and Safety

Manual Handling – Key Points

- Assess the load before lifting.
- Keep back straight and lift with legs.
- Keep load close to body.
- Do not twist when lifting.
- Do not lift if too heavy.

General Health & Safety Guidance

- Always wear PPE.
- Carry a mobile phone.
- Work in daylight.
- Wash hands after work.
- Avoid hazardous waste.
- Stay hydrated and take breaks.
- Be aware of surroundings near roads.

Employee Signature: _____

Date: _____

Clerk Signature: _____

Date: _____

Health and Safety Training Requirement

The employee is required to complete the mandatory online Health and Safety training as soon as possible. This training is essential to ensure safe working practices and compliance with Rogiet Community Council's safety procedures. Completion must be confirmed to the supervisor immediately once finished.